

COMMUNITY AFTERSCHOOL AT CHESTNUT RIDGE

Forming the Inside Outside



Unstructured, Supervised, Outdoor Play

- ▣ A missing component in too many kids' lives



Unstructured Play

- ▣ Unstructured is the key word
- ▣ Children who regularly spend unstructured time outdoors:
 - Play more creatively & cooperatively
 - Have lower stress levels
 - Have more active imaginations
 - Develop stronger immune systems
 - Experience fewer symptoms of ADD/ADHD
 - Have greater respect for themselves, for others, and for the environment

Supervised Play



Outdoor Play



What's New

- ▣ Newsletter
- ▣ Clubs – new skills, new adventures
- ▣ Faith - we become what we practice
 - Encouragement
 - Thank you
 - Please
- ▣ Biannual Director's Dinner

What's Ahead

- ▣ Numerical Growth
- ▣ Volunteer Involvement
- ▣ A Natural Playground
- ▣ An Afterschool Building